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Minor injuries for infant in collision

CRASH A three-month-old baby girl suffered only a minor abrasion to her forehead after an SUV she was riding in was demolished in a collision with a garbage truck in south Ottawa yesterday.

Just before 11 a.m., two vehicles collided at the intersection of Hunt Club and Conroy roads.

A female driver of the Honda CRV, believed to be in her late 20s, is in serious condition in hospital. The 25-year-old truck driver also suffered serious injuries.

TRACEY TONG/METRO OTTAWA

News on the Move

What's this barcode for?

Learn how to scan the barcode with the instructions at the top of pg 3



Vancouver Games

Countdown to 2010

Follow Metro as we bring you daily coverage leading up to the 2010 Winter Olympics in Vancouver.

• Today — Hollingsworth looks to continue dominating season, page 12

On the web

Visit metronews.ca for news updates

Sens 10 in a row — 'nuff said



Ottawa's Jason Spezza scores on Buffalo goalie Ryan Miller during the second period of the Senators' 4-2 win over the Sabres last night in Buffalo. The win extended Ottawa's winning streak to 10 games. More coverage, pg 11. Scan the barcode on page 11 for summaries of all last night's NHL games.

Canal hearing starts

Mother accused of murdering three teens sobs in court

A Montreal woman accused of killing three of her daughters sobbed as the Crown began revealing some of the evidence against her.

Tooba Mohammad Yahya, her husband, and their 19-year-old son are each charged with four

counts of first-degree murder and four counts of conspiracy to commit murder. Last June, three teenage sisters and a 50-year-old woman were found dead in a car submerged near a lock in the Rideau Canal in Kingston Mills, Ont.

Tuesday marked the

start of a preliminary hearing that is scheduled to continue for about four weeks.

A sweeping publication ban prohibits reporting of evidence heard at the hearing, which is held to determine if there are grounds for a trial.

Two Crown lawyers introduced two thick books of evidence and the woman sobbed loudly as the two police officers testified.

The evidence that provoked the outburst cannot be reported.

THE CANADIAN PRESS

Doucet tries to tempt NCC into purchase

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

PARK Capital Ward Coun. Clive Doucet put a "for sale" sign up at Lansdowne Park, but the National Capital Commission is not biting.

Doucet sent a letter to NCC CEO Marie Lemay yesterday, encouraging her to think about buying the park.

"It's \$20 million, valued by the city," said Doucet. "That's peanuts in terms of the importance of the land. It's a national heritage property."

Doucet said the Lansdowne Park location is the only area where green space could be added near the Rideau Canal between Dow's Lake and the National Arts Centre.

"This is a national site next to a world heritage site and the NCC should protect it," he said.

In June, council is expected to give final approval for a plan to redevelop Lansdowne Park. Unless there is some intervention, Doucet said he is afraid the land will be handed over to private ownership via a 30-year renewable lease.

NCC spokesperson Kathryn Keyes said they are not considering acquiring the park.

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Mattamy Introduces A New Release Of Detached Homes In Mattamy on Half Moon. Bring Your Skates.



Mattamy on Half Moon Bay community rink.

Mattamy on Half Moon Bay is a well-regarded family community with many neighbourly features. For example, we have a public skating rink and a tobogganing hill, which make it a lot more fun to deal with Old Man Winter. And this weekend we are featuring a new release of WideLot™ detached homes.

Mattamy on Half Moon Bay is master-planned with parks, playgrounds and walking/biking trails winding through the community.

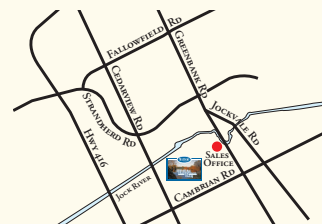
There is a pavillion down by the bay and many of our gracious WideLot™ homes are close to the bay without blocking the view.

The streets in Half Moon Bay are designed to keep traffic moving slowly. There are fewer homes on the streets, many of which feature front porches so it's easy to say 'good morning' to neighbours out for a stroll. It would be our pleasure to show you all the benefits of a WideLot™ home in Mattamy on Half Moon Bay.

We have 5 Model Homes so you can experience, first-hand, the many advantages of a WideLot™ home and because our Models are professionally decorated, you'll see all the latest design techniques.

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Local



Person of interest sought in transit incident

Police are seeking a person of interest who may have information in regards to a woman who was inappropriately touched while on an OC Transpo bus. Police said yesterday that at 4 p.m. on June 4, 2009, a 29-year-old woman was inappropriately touched by a male seated next to her while riding an OC Transpo bus on Rideau Street between downtown and the Blair Road transit station. The person of interest, pictured at left, may have information in regards to this incident.

METRO OTTAWA

Spokesperson decries proposed nuisance bylaw

PANHANDLERS If city council approves a new nuisance bylaw next week, Andrew Nellis plans to stand outside city hall shouting profanities until he gets a ticket so he can challenge the new law in court.

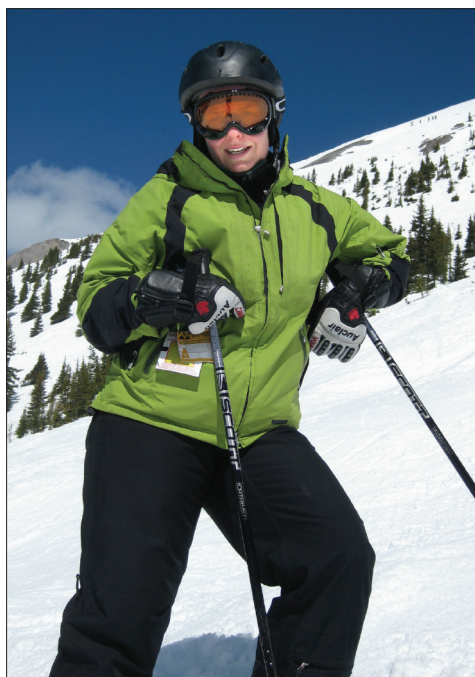
Nellis, spokesperson for the Ottawa Panhandlers' Union, said the wording over the bylaw is too vague and will be used to target poor people whom business and property owners see as nuisances.

The intent of the bylaw is to give Ottawa police an option for dealing with loud, boisterous and disorderly conduct in the By-Ward Market after restaurants and pubs close, said Linda Anderson, the city's chief of bylaw and regulatory services.

"What we have right now is the noise bylaw. It refers to shouting. There are other kinds of activities that happen that fall outside of that," she said. "This would permit us to be able to address those issues."

If the bylaw is approved, the city is proposing a \$250 charge with a victim surcharge of around \$50 on top of that. There is a similar bylaw that applies to behaviour in city parks.

TIM WIECLAWSKI/METRO OTTAWA



Local ski instructor Erin Hope is hoping to get Ottawans involved in sports such as long-blade skating, skiing, snowboarding and snowshoeing to whet their appetites for the 2010 Olympics.

Games motive to learn new winter sports

Area 'phenomenal': Instructor

TRACEY TONG
tracy.tong@metronews.ca

With the 2010 Olympics coming up fast in Vancouver, opportunities abound for Ottawans to try some of those sports for themselves.

"Over the last few years, I really noticed that more people are trying to get out and get active," said Erin Hope, a ski instructor at Camp Fortune. "And with the Olympics coming up, there's a lot more interest. People want to try the sports that they're going to be watching."

Better understanding of a sport can also increase appreciation of the Olympic games, she said. "It gives a greater appreciation of what the athletes are actually accomplishing."

Hope, 28, founded Ripple Adventure last December to allow adults to try new sports.

Sometimes, it can be diffi-

cult for adults to get into a new sport, she said.

"Adults have muscle strength and the co-ordination, but as they get older, they're more apprehensive," she said. "That's often the biggest barrier."

A group will learn long-blade skating on the Rideau Canal today.

Hope said growing interest in the sport could be attributed to Clara Hughes being announced Canada's flagbearer. "Most people grew up skating as a child, but long-blade skating, that's something new."

Ottawa's outdoors and its green spaces are "phenomenal," Hope said. "We're really lucky."

Local instructors will also teach downhill skiing and snowboarding at Camp Fortune, snowshoeing along the Ottawa River and Mooney's Bay, dogsledding at Kazabazua in Quebec and cross-country skiing in Gatineau Park and Britannia Park.

Roundabout moves to council

TIM WIECLAWSKI
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TRANSIT Despite protests from the ward councillor, the city's transit committee has approved a roundabout for a busy intersection in Orleans.

If it passes at city council next week, the construction on the \$2.5-million roundabout at the intersection of St. Joseph and Jeanne d'Arc boulevards would begin in June.

However, Orleans Coun. Bob Monette, who is not a member of the committee, said most of his constituents are against the roundabout and there are concerns that traffic is too heavy for such an intersection in that area.

"The fact that it is in the middle of a hill, with traffic coming directly off the highway concerns me greatly."

However, executive director of the Heart of Orleans Business Improvement Area Peter Stewart supported the roundabout. He said it will improve the look of the entire street and act as a new gateway for Orleans.

Bruce Morgan, a civil engineer who practises law with the Gowlings firm,

said the proposed 50-metre-wide roundabout is too narrow to accommodate the amount of traffic that would pass through during rush hour.

But even at that size, IBI Group engineer David Hutton said the proposed intersection is sufficient for expected traffic volumes as far as 2031.



If approved by city council next week, work on the proposed roundabout for the intersection of St. Joseph and Jeanne d'Arc boulevards in Orleans could begin in June.

Organizations unite to prevent chronic disease

COALITION More than 30 organizations from across Canada are uniting as partners in a first-of-its-kind initiative to improve the health of Canadians by preventing chronic disease.

Minister of Health Leona Aglukkaq announced in Ottawa yesterday that \$15.5 million is being invested in seven collaborative coalitions for chronic disease prevention.

Coinciding with World Cancer Day today and Heart Month in February, the Canadian Partnership Against Cancer, along with co-funders the Public

"About two-thirds of deaths in Canada are due to chronic diseases."

Leona Aglukkaq, minister of health

Health Agency of Canada and the Heart and Stroke Foundation, are putting the money forward to address such issues as childhood obesity, the needs of First Nations communities and the use of electronic medical record systems and evidence-based ap-

proaches to increase prevention and screening for chronic disease by family doctors.

The programs will build on chronic disease prevention efforts already underway in many provinces and territories.

"About two-thirds of deaths in Canada are due to chronic diseases," said Aglukkaq.

This is a team effort that draws expertise from across the country, said Dr. Simon Sutcliffe, chair of the Canadian Partnership Against Cancer.

TRACEY TONG/METRO OTTAWA

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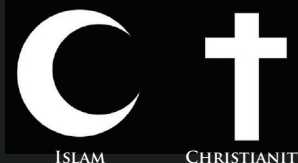
News in brief

INVASION Police are investigating a home invasion in the Overbrook area. A group of machete-armed males stole money and personal items. Police are seeking four black males.

SWITCHBLADE Police are seeking witnesses after an attempted robbery Tuesday night. Police said at 8:15 p.m., a woman was in the parking lot at 2085 Carling Ave. when a man with a switchblade asked for her keys. The man fled toward the nearby mall. Police are seeking a black male, 18-20 years old, six feet tall and 170-180 pounds.

SWEEP Ten people were arrested after a two-day prostitution sweep in the Lowertown and Vanier areas.

METRO OTTAWA



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Quebec Health Minister Yves Bolduc has turned down a request by some of the province's doctors that each be reimbursed \$704 per day for volunteer work in earthquake-ravaged Haiti. Bolduc said it would set a precedent for other groups that want to donate their time for free. **METRO NEWS SERVICES**

Canada



N.W.T. premier inquiry cost \$201K

Last year's inquiry into Northwest Territories Premier Floyd Roland's secret affair with former legislature clerk Patricia Russell, left, cost taxpayers \$201,500, CBC News Online reported. The costs for the inquiry headed by sole adjudicator Ted Hughes were tabled in the legislative assembly on Tuesday. The inquiry investigated a complaint by six MLAs that Roland may have used his extramarital relationship with Russell, who was then the assembly's principal clerk of committees, to share legislature secrets in 2008. **METRO NEWS SERVICES**

Censure Tories: Scholar

Professor says opposition should demand Afghan docs

A top constitutional scholar is urging opposition MPs to use the drastic and rarely invoked parliamentary power of censure to pry uncensored documents on Afghan prison abuse out of the Harper government's hands.

Errol Mendes, a law professor at the University of Ottawa, told an ad-hoc committee of opposition MPs yesterday that the government's refusal to hand over the documents is unconstitutional and "makes a mockery of Parliament."

He said they have a duty to hold the Conservatives to account, especially on questions as serious as the

"For the first time I know in Canadian history, the executive is saying we are superior to Parliament."

Errol Mendes, University of Ottawa

country's conduct during the war.

The government has refused to turn over defence and foreign affairs records to the special House of Commons committee on Afghanistan, saying the documents contain sensitive and classified information that can't be shared with MPs without secret clearance.

"The core complaint that I see that you have is that executive is really

placing itself above Parliament, Mendes said. "For the first time I know in Canadian history, the executive is saying we are superior to Parliament."

Just before Parliament recessed for Christmas, the Liberals pushed through a motion that would have required the government to produce the records or face a motion of censure.

Louis Riel was the last MP to face parliamentary

censure in Canada — well over a century ago.

Riel, the leader of the Red River Rebellion by the Metis, was called to the bar of the Commons for his role in the uprising. He was expelled from Parliament on April 16, 1874 and later hanged for leading the Northwest Rebellion in 1885.

THE CANADIAN PRESS

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Ontario Fantino charge dropped



Activist Gary McHale with his wife, Christine, at the courthouse in Cayuga, Ont., yesterday. McHale says the Crown did not have the right to yesterday withdraw a charge he brought against OPP Commissioner Julian Fantino who was charged with trying to influence municipal officials in connection with the occupation in Caledonia. McHale said he's seeking a review in Superior Court.

CHRIS YOUNG/THE CANADIAN PRESS

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Agency has a problem: Cannon

RIGHTS Amidst bitter internal turmoil, accusations of political meddling and a growing storm of international protest, Foreign Affairs Minister Lawrence Cannon is conceding that a government-funded rights agency has a "governance problem."

Cannon says he wants to meet with Aurel Braun, chair of Rights and Democracy, to get a handle on the problems that have made headlines.

"I can tell you that I intend to have a discussion in the very near future with the chairman of Rights and Democracy in order to get this view and his perspective of things," Cannon said yesterday. "Obviously there seems to be a governance structure problem here. So I'll be looking at that."

But at the same time, Cannon sought to distance himself from the troubles that have raised questions about the independent and non-partisan mission of the agency. "I want to make one thing perfectly clear: I do not intervene in terms of the discussions that are held at the board level. Mine is to make sure that this organization is smooth running and that it functions correctly," he said.

THE CANADIAN PRESS

N.S. Premier Dexter overspent: Auditor

FUNDS Premier Darrell Dexter, who has forged a reputation as a prudent fiscal manager, was one of several Nova Scotia politicians who filed expense claims that were flagged as "excessive" by the provincial auditor general, his office said yesterday.

Auditor general Jacques Lapointe released a report that found some politicians used taxpayers' money to buy items including custom-made furniture, cameras and an espresso maker in a political scandal that bore some of the hallmarks of one that rocked Newfoundland and Labrador nearly four years ago.



Jacques Lapointe

The report left members of all three main political parties in full damage control mode as they attempted to deflect uncomfortable questions about the appropriateness of their spending habits, even though Lapointe declined to name names.

A spokesman for Dexter, who was out of the country on vacation, said the premier wanted it known that he was among those singled out by Lapointe for his spending practices. Shawn Fuller said it was Dexter who spent \$2,150 on a digital camera and the \$5,501 Dexter spent was for two laptops.

THE CANADIAN PRESS

News in brief

SURGERY Premier Danny Williams was sequestered in an undisclosed U.S. hospital Wednesday as he prepared for a medical procedure that has triggered ridicule south of the border about Canada's health system but support at home for the popular politician.

KHADR The Conservative government will not be asking the United States to send prisoner Omar Khair home to Canada, despite a Supreme Court ruling last week that found his Charter rights were — and continue to be — violated.

THE CANADIAN PRESS

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U.S. President Barack Obama's aunt will make a second bid for political asylum in the U.S. Kenya native Zeituni Onyango moved to the U.S. in 2000. Her first asylum request was rejected and she was ordered deported in 2004. But she did not leave and continued to live in public housing in Boston. **THE ASSOCIATED PRESS**

World



Former dictator awarded millions

In an embarrassment to Switzerland's government, the country's top court said yesterday that at least \$4.6 million US in Swiss bank accounts previously awarded to Haitian charities must be returned to the family of Haiti's ex-dictator Jean-Claude (Baby Doc) Duvalier, left. The amount of money contested could feed more than a million Haitians for two weeks. Many Haitians accuse Duvalier and his entourage of robbing millions from public funds before he was ousted in 1986. **THE ASSOCIATED PRESS**

Haitian parents say they willingly gave up kids

Haiti Crisis

Desperate parents in a struggling village perched above Haiti's earthquake-flattened capital said they gave their children away willingly, trusting the American missionaries who promised to take them to a better life.

The stories the villagers told The Associated Press yesterday contradict claims by the Baptist group's leader that the children came from orphanages or were handed over by distant relatives. But they also attest to the misery of a nation that was the hemisphere's poorest even before the Jan. 12 earthquake struck.

The 10 Baptists, most from Idaho, were arrested last week trying to take 33 Haitian children across the border into the Dominican Republic without the required documents, according to Haitian authorities, who have accused them of child trafficking. The Americans are to appear to

"It's only because the bus was full that more children didn't go."

Melanie Augustin, who said she gave her daughter, 10, to a U.S. church group

day before a prosecutor who will decide whether to file charges or release them, Communications Minister Marie-Laurence Jocelyn Lassegue said.

Standing amid piles of debris that used to be their homes and the makeshift shelters of tin and plastic sheeting that have replaced them, the people of Calabas told how they came to surrender their children.

It all began last week when a local orphanage worker, fluent in English and acting on behalf of the Baptists, convened nearly the entire village of 500 people on a dirt soccer field to present the Americans' offer.

Isaac Adrien, 20, told his neighbours the missionaries would educate their children in the neighbouring Dominican Republic, the villagers said, adding that they were also assured they would be free to visit their children there.

Many parents jumped at the offer.

"It's only because the bus was full that more children didn't go," said Melanie Augustin, a 58-year-old who gave her 10-year-old daughter, Jovin, to the Americans. Ironically, Augustin had adopted Jovin because her birth parents couldn't afford to care for her.

Adrien said he met the Baptists' leader, Laura Silsby of Meridian, Idaho, in Port-au-Prince on Jan. 26. She told him she was looking for homeless children, he said, and he knew exactly where to find them.

THE ASSOCIATED PRESS

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News in brief

U.S. Foreign dictators, high-living bureaucrats and arms dealers are still able to funnel millions of dollars in potentially corrupt money into the U.S. de-

spite post-Sept. 11 laws cracking down on money laundering, according to a Senate investigation. The Senate Homeland Security Committee

has summoned several lawyers, real estate agents and bankers involved in the financial transactions to a hearing today. **THE ASSOCIATED PRESS**

Iraq Another attack on Shiite pilgrims



Shiite pilgrims hit themselves to mark Arbadeen, one of the holiest days in their religious calendar in Karbala, Iraq, yesterday. A bomb planted on a parked motorcycle exploded on the outskirts of Karbala early yesterday amid tight security for the huge religious procession, killing 23 people. It was the second attack this week on the huge religious processions for annual observances.

New Darfur genocide charges?

NETHERLANDS The International Criminal Court will again consider charging Sudanese President Omar al-Bashir with genocide in Darfur, after an appeals panel ruled that judges made an "error in law" when they refused to indict him on that charge last year.

"He should get a lawyer," court prosecutor Luis Moreno Ocampo said after the ruling yesterday.

He accused al-Bashir of keeping 2.5 million refugees from specific ethnic groups in Darfur in camps "under genocide conditions, like a gigantic

Auschwitz."

The appeals decision — which said the burden of proof should be lower when prosecutors seek an indictment than when they try to secure a conviction at trial — fuelled hopes among human rights activists that prosecutors will indict other leaders around the world for atrocities.

Moreno Ocampo welcomed the decision to reopen the Darfur genocide case and vowed to give judges even more evidence when they again consider charging al-Bashir with genocide.

THE ASSOCIATED PRESS

Citizenship denied over wife's veil

FRANCE Authorities are denying citizenship to a man who forced his wife to wear a face-covering veil, saying he had rejected national values of secularism and gender equality. The government is moving toward banning veils in public. Critics call the face-covering veil a gateway to Islamic extremism. Little is known about the man denied citizenship or his wife. News reports said the man is a Moroccan citizen and a member of the hard-line Tablighi missionary movement.

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Brazil Prepping for Carnival



A man works on a float for Carnival at the Viradouro samba school in Rio de Janeiro yesterday. The world-famous Carnival starts next Friday in Rio.

Man accused of forging \$1M in bogus checks

A former public defender printed \$1 million US in bogus payroll checks so he could gamble at casinos from Florida to California, in a case reminiscent of the 2002 film Catch Me if You Can.

New Orleans Sheriff's spokesman Lt. Ed Baswell said yesterday Charles Bradford, 47, has had no fixed address since getting out of prison in 2006, is wanted in Arkansas, California, Florida, Kansas and Ohio, and may have operated in other states.

"This was a little reminiscent of Catch Me if You Can," Baswell said, referring to the 2002 film about check forger and con artist Frank Abagnale Jr., who went on to help the FBI catch other check forgers.

Bradford apparently told investigators he could help businesses avoid being conned by people like him, Baswell said. It is unknown where Bradford had practised law, but Baswell said

he was a former public defender who apparently went crooked in 1988, when he was arrested on charges of impersonating a federal ATF agent with stolen credentials.

"Apparently in 1987, his mother passed away, and he kind of uses that as a reference point as to when he began a life of crime," Baswell said. "I don't know if he was deeply affected by the death of his mother and that triggered what he has done in recent years. But that seems to be the dividing line."

Bradford also was arrested on charges of robbing several banks and stealing a Kansas sheriff's identity, Baswell said.

Bradford allegedly would go to a casino town, check the phone book for local businesses, create counterfeit payroll checks — often using logos taken from their websites — and recruit people to cash them.

THE ASSOCIATED PRESS

News in brief

TEXAS A 22-year-old woman allegedly stabbed her two young sons to death, then calmly held her wrists out to police officers who arrived at her home and told them "I just

killed my babies." Elyse Marsyl Colon was being held yesterday on two counts of capital murder for allegedly killing her sons, aged three and one.

THE ASSOCIATED PRESS

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Comment & Views

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Steve Collins

metronews.ca/collins

According to the latest cutting-edge relationship science from the University of California, Berkeley, the key to peace, love and happiness for couples is using the word "we," instead of divisive singular pronouns like "I," "me" and "you," which may ramp up conflict.

Psychologists observed 154 couples in conversations about relationship conflicts and found that couples who tended to use "we" more also tended to have fewer negative emotional and physiological reactions over the course of the conversation.

The word seemed to have a soothing effect on the partners and create a sense of togetherness, although I'm sure there are context-based exceptions (Classics like "We need to talk," or "We should see other people," come to mind).

Simple, right?

Maybe, but before you go "we, we, we" all the way home, let us try to square this insight with other research into pronoun choice at the University of Texas.

James Pennebaker, developer of language analysis software called Linguistic Inquiry and Word Count (LIWC), has found that when people lie, they tend to use fewer first-person pronouns in order to distance themselves from the bogus statements. By, um, replacing "I" with "we," for

example.

So, do these studies, taken together, suggest deception is the secret to a happy relationship? Some of us would be more surprised than others to discover that was the case.

Pennebaker and colleagues have also noted that women tend to use "we" more than "I" in everyday speech. This does not make women more (or less) apt to be lying, of course. So, is the message to men either that they should prevaricate more or just be more like women? It seems less than helpful, either way.

In the Berkeley study, older couples tended to be bigger users of "we" than middle-aged couples. Younger people weren't even studied, and perhaps

that's important. After a few decades together, a couple has more cause to see themselves as a "we." It doesn't necessarily follow, however, that simply using the word is the way to rack up those decades. I'm going to guess that there's a little more to it than inclusive pronoun use.

It's not hard to imagine circumstances in which all this "we" business could cause more trouble than it solves. It's probably a little much on the first date, for example.

Beware also the dreaded "royal we," with which a dominant partner increasingly presumes to speak for the couple.

And then there's the flipside of the royal — the patronizing "diminutive we." Sample usage: "Are we a little grumpy today?" Don't do it. I implore you.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

"The word seemed to have a soothing effect on the partners and create a sense of togetherness ..."

Views

Why women's studies programs are needed

FourthWave

Canice Leung

metronews.ca/fourthwave

Last week, the National Post published an editorial in response to reports that women's studies programs across Canada are either being cut or renamed to gender studies.

The paper revelled in this news, taking the opportunity to blame these university programs and its professors for causing "untold damage to families, our court systems, labour laws, constitutional freedoms and even the ordinary relations between men and women."

The editorial went on to blame feminists for: Hir-

ing quotas, diversity training, spousal and child support, higher taxes, universal daycare, state-run education — and for painting men as victimizers, thus making them the real victims of feminism.

The column's inflammatory charges are evidence of why feminism is still needed. A more troubling concern, however, is how its authors used arguments built as sturdily as a house of cards.

Ideologies contentious within the feminist community are cited as widely held beliefs — the most egregious example is the Post's example of writer Andrea Dworkin, whom it says deemed all heterosexual, penetrative sex as oppressive. In fact, Dworkin's theory refers to mainstream cultural depictions of sex in which violence is intrinsic to what

makes it erotic. That's a big difference.

This is a failure of journalistic responsibility to its readers. The Post wouldn't dare publish that all men are rapists or that all Muslims are pants-exploding terrorists with flimsy proof. Yet, feminists can only be as good as their worst, most radical peers.

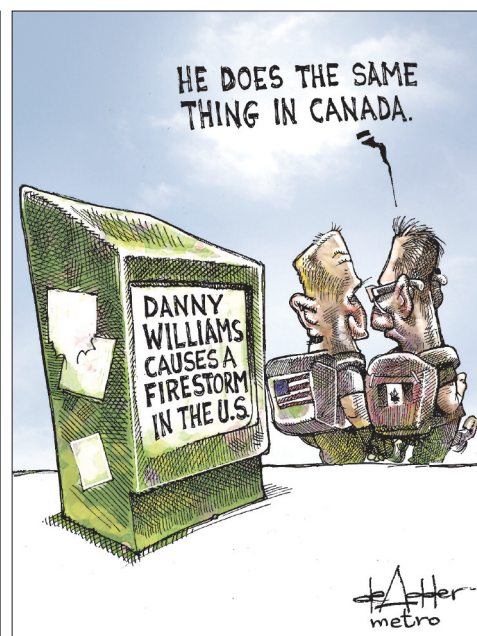
On Tuesday, Post columnist Barbara Kay declared feminism to really be "about affirmative action for girls and women, at boys' and men's expense," and that "the revolution is over. Women won." Women's studies programs address not just domestic issues, but the status of women around the world. Have women really won if the most disadvantaged ones can't be guaranteed necessities such as education, shelter, health

care or work?

It's a terrible myth that feminists want to trod all over men. As the Post said, men, amid divorce and more female hires, have changing roles to contend with. That's true; men are expected to look, act, speak, dress and behave a certain way — as women are, too.

These studies aren't dangerous because they aim to bring down men, but because they encourage reflection on the cultural, historical, social, economic and political forces that shape our identities. That eternal need to understand who we are as individuals and as a society guarantees the need for gender studies, no matter what name it goes by.

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.



Worth mentioning

Suzuki slams feds on climate change

Canada's most prominent environmentalist is using the international spotlight of the Vancouver Olympics to scold Prime Minister Stephen Harper for failing to take climate change seriously.

David Suzuki took several pointed shots at the Conservative government, and Harper in particular, yesterday as his foundation released an environmental report card on the 2010 Winter Games.

"Canada as a government is one of the great laggards on climate change," Suzuki told a news conference packed with Canadian and international reporters.

"The federal government is certainly going to be present during the Olympic Games, and they're going to want to gather the glory from that. I think at the same time they have failed miserably to take action on something that could represent

a threat to the Games themselves."

The Harper government has been facing increased criticism at home and abroad over its environmental policies, as critics complain that Canada isn't doing enough to reduce greenhouse gas emissions and address climate change.

At last December's climate summit in Copenhagen, for example, environmental groups awarded Canada the dubious "Colossal Fossil" award over its greenhouse gas targets, and the country faced criticism from activists and developing countries that it simply wasn't doing enough to keep emissions under control.

The Olympic report itself included a relatively positive assessment of how local Olympic organizers have addressed environmental sustainability, awarding a symbolic bronze medal.

THE CANADIAN PRESS

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Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.



Scotiabank says Canada's economy is on the road to recovery but the country will have to adjust to a world that has changed since the recent global financial crisis, CBC News Online reports. The Canadian bank's chief economist, Warren Jestin, says China and other emerging markets will provide a lot of the world's future economic growth. **METRO NEWS SERVICES**

Look to growth of emerging markets: Scotiabank

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Maine Metal for the pedal



A shim that will be used to repair springs in the gas pedal systems of recalled Toyota automobiles is displayed at a Toyota dealer, yesterday, in Topsham, Maine. Toyota has issued the parts to fix sticky gas pedals but the 4.2 million customers affected by the recall will have to wait until technicians are trained. Now complaints about brake problems with the Prius hybrid are surfacing.

AIG set to dole out big bonuses to employees

BALLOON American International Group Inc. is set to pay out about \$100 million US in a fresh round of bonuses to employees of its financial products division, the unit whose risky bets helped sink the company leading to a \$180 billion government bailout,

according to reports published Tuesday.

AIG agreed to cut the retention bonuses by \$20 million but was still to hand out \$100 million yesterday, The New York Times reported, citing people with knowledge of the negotiations. The Washing-

ton Post, also citing people familiar with the situation, said the retention payments are for employees at the division who agreed to accept 10 to 20 per cent less than AIG had initially promised them two years ago.

THE ASSOCIATED PRESS

Cuts, growth won't kill deficit: Ex-official

Flaherty will need to raise taxes, says expert

Finance Minister Jim Flaherty faces a dilemma in preparing for the March 4 budget — to what extent will it be a political or economic document.

So far, Flaherty has maintained he can balance the budget in the not too distant future without raising taxes, without cutting transfers to provinces and individuals, and without deep, painful cuts to government programs.

In doing so, Flaherty would count on steady economic growth to increase government revenues to such an extent that five, six, seven or eight years down the road — and poof, there goes the deficit.

The approach has political appeal because it tells voters they don't have to give up anything.

But several former policy-makers who were involved the last time Ottawa eliminated a stubborn fiscal deficit say it can't be done without pain and higher taxes.

And they say the minister

Approach

- A group of economists who met with Flaherty on Tuesday suggested the deficit may be tacked within five to eight years without taking draconian measures.

would be doing Canadians a service by coming clean.

Former Liberal finance minister John Manley, former deputy finance minister Scott Clark and parliamentary budget watchdog Kevin Page, also a former Finance official, told a panel discussion yesterday that the deficit, now a small problem, could become a big one if plans aren't made to tackle it soon.

And they argue, while some estimates of a chronic \$20-billion deficit five years down the road doesn't sound like a big problem, it's unlikely the government can grow the economy enough to erase it.

"No advanced country in the world has ever grown itself out of deficit," Clark

said. "I've been there, I've seen that movie, seen the sequel."

Cutting spending won't work either, he added, because once transfers and protected programs are excluded from the \$200-billion plus discretionary budget, the government has only about \$50 billion it can reasonably target. Finding significant savings from such a small pot will be difficult, he said, if not impossible.

The only dissenter in the panel discussion was CIBC chief economist Avery Shenfeld, who said Canada's deficit problems are manageable and can wait until the recovery is assured.

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Tigers, Verlander said to have \$80M deal

Pitcher Justin Verlander and the Detroit Tigers have agreed to an \$80 million, five-year contract, a person familiar with the negotiations said yesterday. **THE ASSOCIATED PRESS**

11

Sports

EDITOR: DON.MCHOULL@METRONEWS.CA



Buffalo Sabres Tim Connolly shoots on Ottawa Senators goalie Brian Elliott under pressure from Erik Karlsson last night in Buffalo. The Senators won 4-2.

Alfie seals win No. 10

NHL RESULTS

Senators 4 Sabres 2



Daniel Alfredsson scored twice in the final minute — including an empty-netter — to extend the Ottawa Senators' franchise-best winning streak to 10 with a 4-2 victory over the Buffalo Sabres last night.

Jason Spezza also scored two goals and added an assist, and Brian Elliott stopped 36 shots to win his eighth straight game — matching the franchise mark he set as a rookie

last season.

Ryan Shannon had two assists in helping the surging Senators close to within three points of the first-place Sabres in the Northeast Division.

Andrej Sekera and Tim Connolly scored 27 seconds apart to tie it in the third period for the Sabres, who lost their eighth in a row to Ottawa, dating to a 4-2 home win on Jan. 6, 2009.

The Senators bounced back after squandering a 2-0 lead. Defenceman Erik Karlsson set up Alfredsson for the decisive goal with a minute remaining. Karlsson wound up at the right point as if he was going to shoot, but instead fed a perfect

pass through the slot to Alfredsson, alone at the left post.

The Senators captain sealed the victory by bouncing a shot into an open net with less than 23 seconds left. Ottawa won its sixth straight road game to match a team mark set in closing the 2002-03 season.

Spezza has scored in seven consecutive games, including five since returning from a right knee injury.

The NHL recognizes only that Spezza has scored in five straight games following his 20-game absence. Seven consecutive games would surpass the Senators' record set by Dany Heatley.

THE ASSOCIATED PRESS

Report claims Tiger to return this month

GOLF Will Tiger Woods emerge on the PGA Tour in Arizona this month at a tournament put on by one of his former sponsors?

According to the Melbourne Herald Sun, Woods will play in the Accenture Match Play Championship at the Dove Mountain course near Tucson.

Accenture used Woods as the financial services company's sole celebrity endorser in its advertising before dropping him as the sex

scandal deepened with the revelation of numerous girlfriends extending from New York to Las Vegas and on to Los Angeles.

The Australian newspaper was unable to confirm when Woods will emerge from exile because neither his management agency nor PGA Tour officials would comment on the unsubstantiated claim by one of the newspaper's columnists Mark Hayes.

The column drew imme-

diate attention from newspaper websites around the world eager for any information about Woods, who has not been seen in public since driving his Cadillac Escalade into a fire hydrant following a late-night argument with his wife, Elin Nordegren.

According to the Tribune, Woods is "poised to make a shock return to competitive golf" at the Accenture tournament that starts Feb. 15.

TORSTAR NEWS SERVICE

SCOREBOARD

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Toronto 108 New Jersey 99
Atlanta 103 L.A. Clippers 97
New York 107 Washington 85
Philadelphia 106 Chicago 103 (OT)
Oklahoma City at New Orleans
Miami at Boston
Golden State at Dallas
Portland at Utah

San Antonio at Sacramento
Charlotte at L.A. Lakers
Phoenix at Denver

NHL

YESTERDAY'S RESULTS
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St. Louis at Chicago
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Jamaica's bid to get its four-man bobsled into the Winter Olympics appears to have failed. A preliminary list of sleds that have entered the Olympics, obtained by The Associated Press yesterday, did not show Jamaica in the field. **THE ASSOCIATED PRESS**

Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

Sliding into place

Hollingsworth in position to win skeleton gold

The track is clear for Mellisa Hollingsworth to bring home Olympic gold in skeleton.

The 29-year-old Alberta slider with the horse skull on her helmet leads a strong Canadian contingent to the Vancouver Olympics, racing Feb. 18-19.

Hollingsworth obliterated all comers on this year's World Cup circuit: Seven podium finishes in eight races and two gold medals.

The woman from Eckville, in the foothills of central Alberta, is the top-ranked skeleton slider in the world.

"To have success on such diverse tracks all over the world is key,"

On the web 
Learn more about Mellisa Hollingsworth in an interactive profile at metronews.ca/olympics

said Hollingsworth, who won a bronze medal at the Turin Olympics in 2006.

"That shows my driving skills, my ability, my equipment — everything is on track. You just build on that momentum."

The highest-rated men's slider on the six-athlete squad is Jon Montgomery.

And if Hollingsworth and her 5,000-watt smile is the face of the team, then the 30-year-old tousle-haired redhead from Russell, Man., is its heart.

When the team was for-

mally announced in the packed gym at Calgary's Olympic Heights elementary school, Montgomery, palms out at ankle level, zipped up the aisle, high-fiving — or more accurately low-fiving — the cheering flag-waving students. Teammates followed suit and the energy level went through the roof.

"I have all the tools necessary to get it done. It's just a matter of putting it all together on race day," said Montgomery.

He heads to his first Olympics after a season that saw him ranked fifth overall, including a win in Cesana. He won the pre-Olympic test event in Whistler last February.

THE CANADIAN PRESS



Mellisa Hollingsworth competes in the FIBT Bob & Skeleton World Cup Nov. 20 at the Olympic Sports Complex in Lake Placid, N.Y.

Other skeleton stars to watch

• **Martins Dukurs, Latvia:** The 25-year-old slider grew up on the country's one track, in Sigulda. He won half the races on the World Cup circuit this year, and is ranked No. 1.

• **Kerstin Szymkowiak, Germany:** The 32-year-old "Ice Tiger" makes her first Games appearance and comes in on a roll. She was on the podium in the last five World Cup races

and is ranked third.

• **Shelley Rudman, England:** The 28-year-old won silver in Turin in 2006 and heads to Vancouver ranked No. 2 overall.

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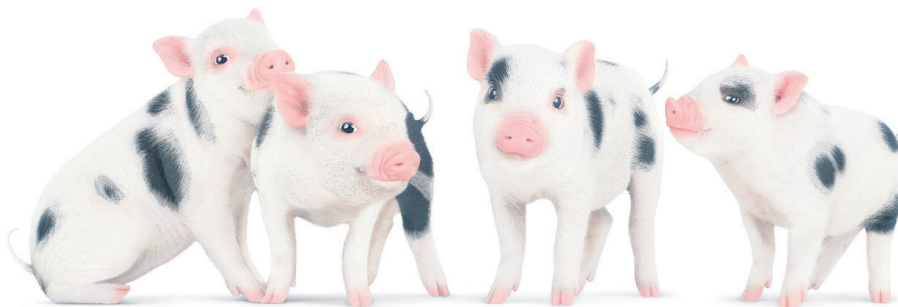
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Metro Homes



Lighting up

The two-light Candice Wall Sconce has an antique bronze finish with decorative leaf accents and honey-coloured etched glass shades. Canadian Tire, \$49.99, canadiantire.ca.

JENNIFER BILL/FOR METRO CANADA

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

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Give your walls a personal touch

JENNIFER BILL
for Metro Canada



Wall decals, decorative clocks, candle wall sconces — gone are the days of simply wallpapering and hanging a painting. Just as a home's decor allows one's personality to shine through, a home's walls offer individuals a blank canvas in which to express themselves.

"I think overall when it comes to adorning your walls it always comes down to expressing your personality," said Margot Austin, senior design editor at Style at Home magazine. "Regardless of trends you have to go with what speaks to you, what speaks to your

heart, what gives you energy, what you love."

Create dimension for bare walls with a gallery of art hung salon-style — combining art of different sizes, styles and framing with mixed media like photographs and lithographs.

Changing up wall decor with such conversation pieces as a rug or tapestry, metal sculptures, Asian scroll art, sleek shelving, wall vases with dainty flowers, or a funky wall applique that speaks your mind can breathe new life into a room.

"People feel they are not qualified (to hang wall art) but we have to get past that and go for it," said Austin. "Be inspired and make it happen."



The Tara Wall Sconce has a polished chrome finish with crystal pendants and glass accents. Canadian Tire, \$49.99, canadiantire.ca.

Coiled and twisting wood formations in this **Spiral Wall Art** bring a unique, organic flair to modern spaces. West Elm, \$49, westelm.com.



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For more information on the ecoENERGY retrofit rebates, visit oeenrncan.gc.ca. In your attic or your basement, renovating just became a whole lot easier — and affordable! **NEWS CANADA**

Home Renovations



Perhaps taking a chance on a different type of Valentine's Day gift is in order this year? Try insulation.

Impress your Valentine with better insulation

HOME RENO This Valentine's Day, you may be wondering what to give your loved one to show just how much you care.

If you are tired of giving flowers or chocolates year after year, it may be time to get creative with a sentimental gift like a home renovation. If your loved one has been too busy, why not give the gift of a home upgrade — something you can both enjoy. Now, with the government grants available, you can upgrade your home without having to spend a fortune. The ecoENERGY retrofit program is offering government rebates of up to \$1,350 in renovation costs, not to mention additional provincial grants.

If you've been delaying a home renovation like insulating your basement, the government grants available will help reduce the cost of the project. On top of this, insulating your basement just became a whole lot easier with the Owens Corning Cel-Lok System insulation panels and PINK FIBERGLAS insulation batts. Installing Cel-Lok panels can be quick, easy and

done in no time because of their lightweight, durable quality and easy interlocking panels. And the interlocking insulation panels are moisture-resistant, with a vapour barrier to help improve your home's energy efficiency and save on heating and cooling bills all year long.

"Insulating your basement is a great way to improve the quality and comfort of your home and will increase the overall energy efficiency," says David Flood, insulation expert at Owens Corning. "The government grants can help make a project like finishing your basement more affordable for homeowners, who want to create additional living space for their family to enjoy."

What's not to love with a gift like insulation? Just think — finally finishing your basement and enjoying each other's company by cosying up on the couch can be more affordable than jewelry and something you will BOTH enjoy. For more information on the ecoENERGY rebates visit oeenrncan.gc.ca.

NEWS CANADA

It's time to make your home new, improved

February is usually the time when many people who vowed to get their home in the best shape around New Year's start acting on their resolution.

Whether it's clearing out clutter, catching up on small repairs or bringing fresh style to a favourite room, many of us have home on the brain as the new year begins.

For interior designers, "the phone rings ... after the holidays," says Betsy Burnham, founder and principal designer at Burnham Design and Instant Space, in Los Angeles. "People take stock and make resolutions. People get motivated, which is great."

But how can you make sure those resolutions stick, and turn into real results?

Burnham and fellow interior designers Taniya Nayak (host of HGTV's Destination Design, premiering in March) and Brian Patrick Flynn (of TBS' *Movie* and a *Makeover*) offer strategies:

Think it through

You may be feeling inspired to jump into projects right away, but these designers recommend taking time to think and plan.

Burnham suggests spending a weekend leafing through design magazines. Tear out photos of things you love, creating a stack of tearsheets that show what you really want your space to look like. "Any of your rooms can look like any of those rooms," Burnham says, if you take the time to determine what you like and how to make it happen on your budget.



These photos show how a kitchen was freshened up with bold paint, and how a dead space between closets was turned into a laptop workstation. Note: All designs by Brian Patrick Flynn.



ALL PHOTOS: SARAH DONOHUE/THE ASSOCIATED PRESS

"(Think of projects as a) triangle: Good, fast, cheap. I tell clients, pick two. You cannot have all three."

Designer Betsy Burnham

Flynn recommends searching your home for small spaces that aren't being used well. Take a look at alcoves and corners of rooms, then brainstorm new uses for them. Nayak suggests photographing each room, then looking at the images as if the home belongs to someone else. You'll view familiar spaces differently, with fresh eyes, she says.

Next, make a list of the jobs you really want to get to this year and determine the first steps you need to take for each. Schedule those first steps and gather any necessary tools or supplies. "You need to

mentally prepare. Tell yourself, 'OK, Saturday's the day,' and then don't make any other plans," Nayak says. "The more things you do to prepare, the more invested you are in making it happen."

Small changes, new style

One way to get a quick infusion of fresh style for the new year: Nayak suggests painting old furniture and frames in new colours. Her current favourite: Paint ornate frames and traditional wooden pieces in fresh white lacquer.

Outside assistance

Spending money on

help from a contractor or handyman may seem like a splurge, but an expert may be able to accomplish in a single day projects that would take you weeks. And a professional may be necessary to get the look you want.

Finally, keep expectations realistic. Burnham thinks of an ideal project in terms of a "triangle: Good, fast, cheap. I tell clients, pick two. You cannot have all three."

Your resolutions won't all get accomplished perfectly in an instant, but if you stick with them and figure out what's most important, you'll see results.

THE ASSOCIATED PRESS

Cost-effective solutions for homeowners

HOME RENO Completing a renovation project is now affordable for all your home renovation needs. Why? Because Natural Resources Canada is offering ecoENERGY retrofit rebates, as well as additional provincial grants, to offset your home renovation costs for 2010. If you have been delaying renovations due to a lack of time and

budget, now you can ease your worries and finish projects to help increase the value and comfort of your home.

"It is a great time to take advantage of the government grants available for renovation projects to improve the quality of your home," says David Flood, insulation expert at Owens Corning. "Examine the ar-

eas of the home that may need maintaining or upgrading, like window and door replacement or added insulation."

If you want to take advantage of these grants, but are wondering which renovation project to tackle first, consider home upgrades that will increase your home's energy efficiency. Added insulation is

a welcome renovation to any home, a way to reduce energy consumption and improve homeowner savings when it comes to heating and cooling bills. Whether in your attic or your basement or everywhere in between, Owens Corning has a list of products available for every home renovation need.

NEWS CANADA

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Celebrity Baggage (celebritybaggage.com) is a new online charitable auction featuring one-of-a-kind "baggage" items signed and donated by some of Canada's most celebrated personalities, including Harry Rosen, Amy Sky and Anne Murray. **METRO NEWS SERVICES**

Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA



Tee to help Haiti

To help raise funds for Haiti, Jacob has designed a special T-shirt that will be sold for \$15 at all of its Jacob and Jacob Connexion stores across the country starting Friday. One hundred per cent of the proceeds will go to Oxfam for the reconstruction of Haiti; the goal is to reach \$150 000. Designed by Jacob's graphic design team, the image on the shirt shows a helping hand shaped by hand-written sentences, several of which are in Haitian Creole.

METRO NEWS SERVICE

It's all in the *genes*

Edgy label Genetic Denim gets wider release in Canada

ANN-MARIE COLACINO
for Metro Canada



Ali Fatourechí knows what women want... Well, at least when it comes to denim.

His styles are worn by the likes of such A-listers as Anne Hathaway, Shakira and Halle Berry and are now making their way (with a wider release starting this month) to Canada.

He is the founder of Genetic Denim, a brand he spent years developing, including a one-year stint of market research.

In 2006, the American-based designer embarked on what he calls a denim tour across the United States to ask mostly women and some men what they wanted in a pair of jeans.

Traveling in a U-Haul across 42 cities for a year might not seem like the most glamorous of ventures, but when you see the end result of Fatourechí's market research it all makes sense.

After interacting with 20,000 consumers, he designed a collection that utilizes top-quality fabrics with washes and cuts from around the world. The brand is designed to actuate each individual's assets while maintaining the ultimate in comfort.

When asked the secret to the jeans' softness, Fatourechí remains covert: "I travelled the four corners of



"(My denim detailing) is for the fashion-forward leader that walks with a swagger and 'owns' what she wears and who she is."

Ali Fatourechí, Genetic Denim founder

the earth looking to develop the softest fabrics. It's the yarn I use and the mills I work with... that's all I can say."

During a recent visit to Toronto, he also shared some of the key lessons he learned from his travels. "You're only as good as your first five inches below the waistband. If the jeans don't fit within the first five inches below the waistband as a denim brand you're dead in the water."

"All women care about how their hips, crotch and backside look in a pair of jeans," explains Fatourechí. To address these concerns, his spring/summer 2010 line includes styles like The Shane, a cigarette cut, The Riley, a classic boot-cut, The James, a cigarette cut with zippers, and The Davis, a slouchy cigarette style that is a sexy update of the classic boyfriend silhouette.

The line also includes a variety of jackets, vests, shorts, skirts and even a jogging pant, ranging from \$225 to \$275.

Once he addressed the major structural aspects of his denim brand, Fatourechí decided to incorpo-

rate some unique touches into his pieces. The first begins with the brand's name, which is a reference to human DNA, "The only thing that makes you unique in this world." That message is also embedded in the actual clothing with DNA helix and "XX" or "XY" embroidery on each item.

Sequined patches under distressed jeans as well as studding, lacing and zippered details are also subtleties that give the brand a "twist," says Fatourechí.

In term of the patches and zippers, he explains, "Tim Burton's Edward Scissorhands inspired that look for me... It's for the fashion-forward leader that walks with a swagger and 'owns' what she wears and who she is."

Where to buy

- Genetic Denim's spring collection debuts at Aritzia stores tomorrow. It will also be available at Holt Renfrew throughout the month. Visit geneticdenim.com for more information.

Genetic Denim's Walker jeans (\$238).



Genetic Denim's James jeans (\$238).

BRiO

BEAUTY & COMFORT
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PRIMA DONNA



TFI's Olympic vest for Ontario reps

DENISE SURETTE
for Metro Canada



SPECIAL EDITION Ontario representatives at the Vancouver 2010 Olympics will be showing off the latest creation by Ontario's up-and-coming fashion designers.

While manning the Ontario Pavilion in Vancouver, employees for the Ministry of Tourism for Ontario will be wearing a unique vest designed by in-house fashion designers from the Toronto

Fashion Incubator (TFI), a non-profit organization, which supports young designers get their start in the fashion world.

Jas Banwait of the design company Savillian, project leader for the collaborative design, says five designers from TFI came up with designs to show the ministry of Tourism. The winning vest, designed by Natalie Good of the design company Andy Hall, was chosen for its hip design.

"They wanted something

simple but fashionable," says Banwait. "Kind of hip, but not too avant garde."

The women's vest, in red, has shoulder straps and a waist-cinching belt to give it a sleek, motorcycle jacket look. The men's vest is in charcoal gray, and has the shoulder straps, but without the belt.

Banwait says the vests will be unique to the Ontario staff during the Olympics, but may be reproduced after the Olympics if there is a customer demand for replicas.

Garrett faces drug charges

Ex-child star Leif Garrett found himself locked up for two days this week on drug charges. The singer-actor, who reached teen idol status in the 1970s, was arrested Monday at a Los Angeles Metrolink station for possession of a controlled substance, TMZ reports. **METRO NEWS SERVICES**

17

Entertainment

**Haiti handbag**

Scarlett Johansson has designed a handbag to raise money for Haiti. The actress has sketched designs for a stylish ivory bag with a map print, which will be sold at Mango. **FEMALEFIRST.CO.UK**

EDITOR: DEAN.LISK@METRONWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Meaghan follows retro path

Meaghan Smith**Album:** The Cricket's Orchestra**Label:** Warner**Rating:** ●●●●

THIS WELL-OILED debut LP by London, Ont., native Meaghan



Smith follows a retro-path already well trodden by fellow Canadian songstresses Jill Barber, Sarah Harmer and Melissa McClelland. Smith was looking for a sound reminiscent of the '30s and '40s and found it with Toronto-based producer Les Cooper who wove similar magic into Barber's last offering, Chances. The strings, horns and organ add charm without overpowering the light-hearted appeal of Smith's voice. There's nothing wrong with old. As a matter of fact, old is a lot better than a lot of the

garbage currently on the radio. Fast-forwarding a few decades, however, might make more sense for Meaghan Smith's next outing.

Graham Rockingham/for Metro Canada

Martha & The Muffins**Album:** Delicate**Label:** Muffin Music**Rating:** ●●●●**MARTHA AND**

THE Muffins used to be Canadian music royalty — they released Echo Beach three decades ago to international acclaim. But that was then. Today you'd be hard pressed to find a new music fan who knows anything about the group. That could



The Cricket's Orchestra is the debut album from Meaghan Smith.

change with Delicate, the group's first disc in 18 years. The album harkens back to the act's new wave roots. Martha Johnson's mono-

tone vocals have barely changed, and the group's thickly layered rock is straight out of the '80s. The music isn't as engaging as it once was, but it's a much

better listen than many reunion discs out there.

Bryan Borzykowski/for Metro Canada

AlbumReviews

music@metronews.ca

The Album Leaf**Album:** A Chorus of Storytellers**Label:** Sub Pop/Outside**Rating:** ●●●●

AFTER 10 YEARS of

playing dreamy, low-key music, Jimmy LaValle, the man behind The Album Leaf, has finally recorded with a full band. The results are exactly what you'd expect — the songs are more complex and more ambitious than his previous work. He's still producing interesting stuff, but it's not as immediate as his last record and, frankly, a lot of bands are already doing what he's doing.

He's lost some of his uniqueness here, but the songs are still as atmospheric as ever.

Bryan Borzykowski
/for Metro
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Smallville's Tom Welling may be back on The CW next season — at least as a producer. The network has picked up a Welling-produced dramedy pilot set in world of competitive college cheerleading titled Hellcats. It's Election meets Bring It On. **EW.COM**

Super producer

Buy one coffee, get a second cup on us.

Valid only at participating Second Cup locations from February 4 to February 7, 2010. Buy a medium size brewed coffee and receive a medium size brewed coffee for free. Offer is limited to one free medium size brewed coffee with purchase per voucher. Voucher has no cash value and is not valid with any other offer.



(Left) Kristen Bell and (right) Malin Akerman in *Couples Retreat*.

A Canuck in comedy

PHIL BROWN
for Metro Canada

PROFILE Toronto-native Malin Akerman has really come into her own in Hollywood in recent years.

The young actress starred alongside Ben Stiller in *The Heartbreak Kid*, played a flawed superhero in *Watchmen*, and most recently shared the screen with Vince Vaughn and Jon Favreau in *Couples Retreat* (arriving on DVD Friday). For Akerman, the experience has been well beyond anything she ever expected.

"It's been a pretty strange experience," Akerman told Metro. "I've worked with phenomenal comedians who I've idolized for my entire life. To all of a sudden see my face on the same poster as Vince Vaughn was pretty surreal."

Couples Retreat offered Akerman a rare opportunity to be involved with a movie throughout the creative process. With Vaughn and Favreau also working as screenwriters, the entire cast was encouraged to expand their roles.

"It was nice because they were in the middle of cleaning up the script and rewriting certain things when I came on board," revealed Akerman. "So before we even started shooting, Vince and I had a good five hours when we went through all the scenes and improvised. Sometimes when you're working with people who have written the material they can be really keen on their words, but this was a huge collaborative effort."

Though known primarily as a comic actress, Akerman now wants to expand her career with dramatic roles.

"Often when you're cast in a certain genre people only see you in that light, which in my case is comedy," said Akerman.

"So, I've tried to veer away from that recently. This year I worked on three different independent films that are not comedies just to show what I can do in the hopes of opening up other doors."

In the coming months, audiences will be treated to a more serious side of the actress in the ensemble dramas *HappyThankYouMorePlease* and *The Romantics* (both of which premiered at the 2010 Sundance Film Festival) as well as the Canadian-funded apartheid feature *The Bang Bang Club*.

Through these projects, Akerman found that she thrived in the fast paced world of independent filmmaking.

"I loved it. The turn around is faster and you become very close to everyone you work with. There's a nice feeling on the set that you're all in it for the right reasons and really want to be there," says the actress.

However, Akerman admits that she has no desire to ditch Hollywood entirely any time soon.

At the moment, she's happy to try it all.

KEITH CARMAN
for Metro Canada

They may have had their hands on more pharmaceuticals than Pfizer, enough brawls to embarrass *Ultimate Fighters* and boast rap sheets longer than Al Capone but there's one thing legendary brash rock 'n' rollers *Mötley Crüe* just can't seem to face.

The cold.

"Me and my Chuck Taylors with holes in them aren't gonna fare well up there," jokes bassist Nik-



Mötley Crüe play in Montreal Friday as part the *Dead Of Winter* Tour

ki Sixx about the band's forthcoming cross-Canada *Dead Of Winter* Tour.

"We think the title is funny. We were

talking about going up there because we love Canada. Someone said, 'Yeah, right in the dead of winter.' There you go! That's the name of the tour!"

Despite decades of portrayal as a gruff, leather-clad naughty boy, Sixx is quite the charmer. Out to ensure this tour is packed to the rafters, he wisely addresses Canada's inherent identity crisis with carefully chosen words.

Discussing why *Mötley Crüe* (completed by guitarist Mick Mars, singer Vince Neil and drummer Tommy Lee) would bother to cross our country at the worst possible time, he pours it on thicker than molasses in, well, January.

"Canadian fans have been our best fans, influential worldwide about people being aware of the resurrection of *Mötley Crüe* all the way back to 2004. Even in the old days, you were instrumental in writing fan mail, calling radio stations and getting our name out there."

"We have our ups and downs but we love each other."

Nikki Sixx

Speaking of dedication, Sixx is quick to point out that despite *The Crüe's* raucous image and well-documented in-fighting that has resulted in many break-ups and solitary departures (via their shocking 2001 biography *The Dirt*), the *Dead Of Winter* Tour finds one of modern rock's most decadent, debauchorous and dysfunctional bands surprisingly copacetic.

"We were just in rehearsals. Everyone pulls up, hugs each other and someone asks what to start with. 'How about, Doctor Feelgood?' 'Ok, then we'll end with *Shout At The Devil*.' We run through 20 songs, sit down and have a laugh, then we go home. That's it? That's all the drama? The drama lives in fable, in books and in folklore."

"We have our ups and downs but we love each other," he continues. "It took time (because) you're in a marriage. At first, you're madly in love and then all of a sudden the other person squeezes the toothpaste tube from the middle instead of the bottom and you hate them."

"After a while of living with them, you learn to let little things go and then you fall back in love with them."

So while attitudes within the *Crüe* camp have warmed up, Sixx admits that it's not enough to get them through *The Great White North*.

That's why they've created their own retaliation to winter chill. "We're gonna give you two things," he laughs. "Loud, dirty rock 'n' roll and a lot of pyro to heat up the place. We'll need it because it's so effin' cold up there."

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Jackson doctor to be arraigned tomorrow: Source

Murray in default on debt: Judge

A judge in Las Vegas has found Michael Jackson's former doctor in default on a nearly \$132,000 debt related to office medical equipment and services.

that prosecutors plan to charge Murray with involuntary manslaughter.

The officials requested anonymity because they are not authorized to publicly discuss the case.

Murray and his legal

Dr. Conrad Murray failed to appear in Clark County District Court yesterday before Judge Michael Villani found him in default and awarded a judgment to Digirad Imaging Solutions.

team said yesterday they have not received word about a decision from the district attorney. Attorney Ed Chernoff says his client will surrender if charged.

Murray told police he administered Jackson a pow-

erful anesthetic and other sedatives shortly before the singer's death June 25.

Murray maintains nothing he gave Jackson should have killed him. "I haven't received any phone call from anybody asking for the doctor to surrender," Chernoff said. "If we get the call, we'll be happy to."

Jackson, 50, hired Murray to be his personal physician as he prepared for a strenuous series of comeback performances in London.

THE ASSOCIATED PRESS

Madsen joins Scoundrels

Virginia Madsen has landed the lead in *Scoundrels*, an ABC dramedy about a family of small-town criminals who attempt to go straight after the patriarch is sent to prison. Madsen would play the mom. EW.COM



Have Guitar, Will Travel

Joe Perry regroups after unexpected Aerosmith split

BRYAN BORZYKOWSKI
for Metro Canada

Joe Perry, Aerosmith's famous guitarist might have a new album out, but there's only one thing his army of fans likely want to know about: What's happened to his band?

If you haven't heard, after a November concert in Abu Dhabi, Aerosmith's frontman Steven Tyler quit the band; Perry found out by reading a story online. Since then Perry and his longtime songwriting partner haven't spoken — he's called a couple times, but hasn't heard back.

"It's a shame," says Perry, still confused by Tyler's departure. "He didn't say anything to us, it wasn't planned."

In fact, the band was working on a record with Brendan O'Brien, but Tyler, says Perry, "didn't seem interested in it."

Tyler, who's now in drug rehab, has said he still wants to play with the



Joe Perry says he and Steven Tyler haven't spoken since Tyler abruptly left the band in November.

group, but Perry's already making arrangements to keep Aerosmith going without his musical cohort.

"I'm hoping that some of the rumours (of his return) are true but we'll see what happens," he says. "We are looking for a new singer."

When Tyler left, the band was forced to cancel gigs and recording plans. That gave Perry the chance to

put together *Have Guitar, Will Travel*, his fourth solo record. The guitarist admits that it was refreshing to work on this disc, especially since he's disliked the last few Aerosmith releases.

"We haven't released a great studio record in 10 years," he says. "The music we were putting out wasn't turning my crank. It was material that I didn't like.

We started working with outside songwriters and it was going in a direction wasn't happy with, so I was inspired to lay down songs that I enjoyed playing and listening back to. I haven't listened to the last couple of Aerosmith records."

It's a good thing then that his new record doesn't sound like an Aerosmith disc. It's an eclectic mix of blues and rock with crunchy guitars, speedy solos and classic hooks.

If anything does resemble Aerosmith (and parts do) Perry says he can't help it, and he doesn't mind.

"It's inevitable that some of the things will sound like what Aerosmith does," he says. "I'm one of the two major songwriters in that band, so it's only natural you're going to hear that."

In Concert

- The Joe Perry Project and Mötley Crüe play the Bell Centre in Montreal on Friday.

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WINTERLUDE BAL DE NEIGE

American Express® Winterlude Opening

Friday, February 5, come celebrate the Canadian winter with a unique multi-sensory experience! Featuring talented artists and a spectacular musical fireworks show. Then, dance to the exciting rhythms of world-class Canadian **DJ Misstress Barbara**.

Free admission at the Canadian Museum of Civilization, from 5 pm to 11 pm.

Family Fun

Fireworks

DJ Misstress Barbara

Canadian Museum of Civilization

- Free admission, 5 pm to 11 pm
- Artistic performances, 7 pm
- Official launch, 8:15 pm
- Musical fireworks show, 8:50 pm
- DJ Misstress Barbara, 9:10 pm

Jacques-Cartier Park

- Site open until 10 pm
- Musical fireworks show, 8:50 pm

Major's Hill Park

- Flying Canucks, 7 pm to 10 pm
- Art exhibits, 7 pm to 10 pm
- Musical fireworks show, 8:50 pm

Schedule subject to change.

Fireworks soundtrack broadcast on CHIN Ottawa 97.9 FM.

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Katie Price gets hitched

British model and tabloid favourite Katie Price has married her cage-fighter boyfriend Alex Reid in Las Vegas. The couple says they married Tuesday "in a private, simple ceremony." **THE ASSOCIATED PRESS**



club metro

WEEKLY REWARDS

WIN A PAIR OF FRONT ROW TICKETS TO SEE JOHN MAYER LIVE IN CONCERT! AT SCOTIABANK PLACE ON FEBRUARY 16TH

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Lost and found?

Hopeful, breathless, even fretful over what may lie ahead or be forever unexplained, **Lost** fans have welcomed back the ABC mystical thriller for its sixth season — the beginning of its long-coming, too-close-for-comfort finale.

Two of the final 18 hours were aired Tuesday as its season premiere, after a warm-up **Lost** for Dummies recap that, even for the most devoted disciple, offered helpful cues to the ever-escalating mythology. But did this double-dip opener address the pair of island mysteries gnawing at viewers since last May?

What was the upshot of the kookie nuclear explosion Jack (Matthew Fox) masterminded to rewrite history and render the series' whole storyline moot? And what's the scoop with the dead John Locke (Terry O'Quinn) coexisting with



Evangeline Lilly and Josh Holloway in a scene from **Lost**. The end is coming May 23, according to creators of the series.

his very-much-alive John Locke look-alike? (Warning: possible pesky spoilers ahead.)

Well, Jack is seen back on Oceanic Airlines Flight 815, and despite several moments of troubling turbulence, soon enough all seems well.

"Looks like we made it," Jack says to a fellow passenger as the flight smooths out.

Was this a replay of the original flight, just before the plane was pulled apart by electromagnetic energy and crashed in the series premiere?

Maybe Jack's grand plan to prevent the crash didn't work.

Or maybe it did. Then the action shifts to the island and the construction site of the Swan station, where the nuclear bomb had been detonated to cap the deep pocket of electromagnetic forces. Jack, Kate (Evangeline Lilly) and Sawyer (Josh Holloway) are bloodied and shaken up by the explosion.

And Juliet (Elizabeth Mitchell), who set off the nuke after plunging to the bottom of the shaft, is found by Sawyer alive. Alive long enough for their tearful farewell, anyway.

Elsewhere, the island's uber-boss, Jacob (Mark Pellegrino), who was apparently stabbed and burned to death in last season's finale, seems in fine fettle long enough to declare, "I died an hour ago."

THE ASSOCIATED PRESS

Lost airs Tuesdays on CTV and ABC

OT	Vu SC C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
265	353	2	TVO	Hawaii Super Ferry	The Agenda With Steve Paikin	The Street (Part 5 of 6) (N)	The Office (N)	The Office	90210 (HDTV)	Agenda-Paikin
211	331	3	GTV	Entertainment	ET Canada	Surviving Survivor (N)	The Office (N)	The Office	90210 (HDTV)	News Hour
-	-	5	SRC	Virginie (SC)	Infomaniac (SC)	Enquête (HDTV) (SC)	3600 secondes d'extase (SC)	Le Téléjournal Nouvelles (SC)	La Zone (SC)	La Zone (SC)
209	342	6	CHRO	TMZ (N)	Access H.	FlashForward	Fringe "Jacksonville" (N)	(10:01) Private Practice (N)	Comedy Now	Comedy Now
196	311	7	CTV	The Vampire Diaries (N)	Jeopardy! (N)	CSI: Crime Scene Investigat'n	Grey's Anatomy (N)	The Mentalist "Redline"	CTV News	The Hour
208	303	8	CBC	Wheel Fortune	Jeopardy! (N)	The Nature of Things (N)	Hyper Parents & Coddled Kids	CBC News: The National	The Hour	The Hour
-	360	9	NBC	Wheel Fortune	Jeopardy! (N)	Community (N) Parks/Recreat	The Office (N) 30 Rock	The Jay Leno Show (N)	News	News
117	713	10	TVA	La Série Montréal-Québec (N)	Dieu merci (N) (SC)	Dieu merci (N) (SC)	Juste pour rire (N) (SC)	TVA nouvelles	(10:45) Denis Lévesque	News
-	-	11	QS	Taxi payant (N)	Smile TV (SC)	Lipstick Jungle (SC)	La Verité choc	Guerre clans	L'Attaque à 5 (N)	Villages
137	763	12	TFO	Panorama	Enfants	Enfants	Félix et Lola (2000, Drama sentimental)	Villages	Artisans de	Artisans de
-	362	13	CBS	The Insider (N)	Judge Brown	Surviving Survivor (N)	CSI: Crime Scene Investigat'n	The Mentalist "Redline"	Two/Half Men	Two/Half Men
216	395	14	OMN2	Family Guy	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition	Two/Half Men	King/Queens	Cold Case
214	344	15	CITY	Law & Order: Special Victims	Community (N) Parks/Recreat	Community (N) Parks/Recreat	30 Rock	The Jay Leno Show (N)	News	News
115	343	16	CFMT	Two/Half Men	The Office	Omni News: Italian Edition (N)	Vivere V	Omni News:	Law & Order: Criminal Intent	Metropolis
218	345	18	CHCH	Joe Versus the Volcano ** (1990, Romance-Comedy)	The Deep End (N)	Rock Star ** (2001, Drama)	Mark Wahlberg, Jason Fleming	News at 11 (N)	News	News
-	361	20	ABC	Action News	Entertainment	The Deep End (N)	Heure polit.	L'Heure politique	Tête-à-tête	Dossier public
512	396	24	CPAC	(4) Dossier public (SC)	Little House on the Prairie	Bones (HDTV) (N)	Manor Born	Time Goes By	Charlie Rose	Charlie Rose
-	365	36	FOX	TMZ (N)	Seinfeld	Manor Born	Time Goes By	Charlie Rose	Charlie Rose	Charlie Rose
-	64	PBS	Business Rpt.	Snowfalls TV	CSI: Crime Scene Investigat'n	CSI: Crime Scene Investigat'n	Grey's Anatomy (N)	The Mentalist "Redline"	CTV News	CTV News
205	312	104	CTV	The Vampire Diaries (N)	Connect Today's biggest stories (N)	Situation Room-Wolf Blitzer	Campbell Brown (N)	Larry King Live (N)	Anderson Cooper 360 (HDTV)	Prime Time
406	417	27	net	Overtime	NHL Hockey Vancouver Canucks at Ottawa Senators (HDTV) (Live)	That's Hockey!	Curling Scotties Tournament of Hearts: From Kindersley, Sask. (Live)	Le Téléjournal (SC)	RDI économie	Le National
126	730	28	RDI	24 Heures en 60 minutes (SC)	Grands reportages (SC)	Le Téléjournal (SC)	RDI économie	Le National	SportsCentre (Live)	The Téléjournal
400	280	30	TSN	That's Hockey!	Curling Scotties Tournament of Hearts: From Kindersley, Sask. (Live)	Le Téléjournal (SC)	RDI économie	Le National	SportsCentre (Live)	The Téléjournal
410	403	52	SCR	Score on NFL	FullTiltPoker.net Million	World Poker Tour	Hardcore Champ. Fight	NBA Basketball	NBA Basketball	NBA Basketball
411	457	56	OLN	Ghost Hunters	Destination Truth	Operate-Repo	Operate-Repo	Ghost Hunters International	Destin. Truth	Destin. Truth
417	406	59	SC	NASCAR	NASCAR Media Day 2010 Preview (N)	Bud Shootout Selection Show (HDTV) (Live)	Speed Performance Awards	Speed Performance Awards	Speed Performance Awards	Speed Performance Awards
554	544	48	TEL	Stoked	Total Drama	Majority Rules	6TEEN	Futurama	King of the Hill	Beetlejuice *** (1988, Comedy)
557	540	51	FAM	Sonny Chance	Suite Life	Overruled! (N)	Han. Montana	Wizards-Place	Latest Buzz	Ned's School
551	542	65	YTV	iCarly	Fries That?	Malcolm-Mild.	Hates Chris	8 Simple Rules	What I Like	Family Biz
570	580	29	MTV	The Daily Fix	Ranked!	The First 48 (HDTV)	The First 48 (HDTV) (N)	Manhunters	Manhunters	Manhunters
615	520	31	A&E	The First 48 (HDTV)	UFC Unleashed	UFC Unleashed	TNA IMPACT! (HDTV) (N)	Manhunters	Manhunters	Manhunters
628	584	32	SPKE	CSI: Crime Scene Investigat'n	BBQ Pitmasters (HDTV)	American Chopper	American Chopper	BBQ Pitmasters (N)	Humanity	Hors série
521	560	34	TVL	BBQ Pitmasters (HDTV)	Horizons (SC)	Relic Hunter	Storytellers	Manitowapow	Hitler's Hidden City	Reba
514	561	35	TVL	Horizons (SC)	Relic Hunter	Storytellers	Manitowapow	Hitler's Hidden City	Reba	Reba
616	521	39	BVO	Relic Hunter	Storytellers	Manitowapow	Hitler's Hidden City	Reba	Reba	Reba
520	505	42	DIS	Daily Planet (N)	Amer. Funniest Home Videos	Rich Bride Poor Bride	Air Force	22 Minutes	Family Guy	Family Guy
575	583	43	CLT	Rich Bride Poor Bride	Air Force	22 Minutes	Family Guy	Family Guy	Family Guy	Family Guy
600	542	49	H&G	House Hunters	Property Virgin	House-Payne	House-Payne	House-Payne	House-Payne	House-Payne
627	528	50	SPC	Stargate Atlantis	DVS	Caprica "Rebirth"	Cribs	Taking the Stage	Taking the Stage	Taking the Stage
581	566	53	MTV	Peak Season	After	Cribs	Taking the Stage	Taking the Stage	Taking the Stage	Taking the Stage
618	524	54	TROP	Reality	Whatever	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy
522	506	55	HS	Pawn Stars	Pawn Stars	Ancient Discoveries (N)	Surhumains "Stérides"	On the Buses	Watchtower	Love It or List It
129	773	60	CD	Biographies "Steven Seagal"	Murder, She Wrote	Supernanny	Wapos Bay	By the Rapids	TMZ	Chuck-Day Off
261	394	61	V	Murder, She Wrote	Supernanny	Wapos Bay	By the Rapids	TMZ	Chuck-Day Off	Chuck-Day Off
269	500	70	APTN	Wapos Bay	By the Rapids	TMZ	Chuck-Day Off	Chuck-Day Off	Chuck-Day Off	Chuck-Day Off
621	527	71	TLK	Look-A-Like	Restaurant Makeover	Extreme Cuisine, Jeff Corwin	Ace of Cakes	Ace of Cakes	Restaurant	Restaurant
603	561	95	FN	Ricardo	Chuck-Day Off	Restaurant Makeover	Extreme Cuisine, Jeff Corwin	Ace of Cakes	Ace of Cakes	Restaurant

critics'corner

Hyper Parents & Coddled Kids

In North America, they're called "helicopter parents" for the way they hover. In Sweden, they're "curling parents," sweeping the metaphorical ice for their kids. No matter what you call it, over-involved and overprotective parenting could backfire big-time, according to this documentary. Among others, you'll meet former "hyper parent" Carl Honore, author of "Under Pressure," and a mom who throws a \$4,000 party for her daughter's first birthday. 9 PM on 8 CBC



Crazy Canucks

This 2005 docudrama tells the Cinderella story of the five Canadian skiers who broke Europe's monopoly on alpine glory in the mid-1970s. Lucas Bryant, Sandy Robson, Robert Tinkler, Kyle Labine and Curtis Harrison star as, respectively, Ken Read, "Jungle" Jim Hunter, Dave Irwin, Dave Murray and Steve Podborski. Gabriel Hogan plays their coach, Scott Henderson, with Joe Norman Shaw as the assistant coach. 9 PM on 40 BVO

American Psycho off to Broadway

MUSICAL If the malevolent Sweeney Todd can sing, why not Patrick Bateman, the twisted title character of Bret Easton Ellis's **American Psycho**?

A stage adaptation of Ellis's celebrated novel about a handsome, homicidal Wall Street banker is in the works, featuring a score by Spring Awakening composer Duncan Sheik and a book by playwright Roberto Aguirre-Sacasa, currently writing for the HBO television series **Big Love**.

Sheik said Tuesday in a statement that he reread Ellis's novel and what "may have seen as an over-the-top literary folly of the early '90s was in fact a pretty timeless tale of alienation."

"And, really, what could be more subversive fun than murderous bankers breaking into song?"

THE ASSOCIATED PRESS

Kenya'sStyle



Kenya Hunt

Exclusively at metronews.ca/globalstyle

Hands-on learning

Learn about Superfoods at a Cooking Class with Wine. This is a hands-on class where you will learn how to create healthy and nutritious meals for your family this Saturday at DiVino Wine Studio 10:30 a.m. to 1:30 p.m. \$79/person divinowinestudio.com. **METRO OTTAWA**

Urban Foodie

★★★★ INSPIRED; ★★★★★ VERY GOOD; ★★★ PALATABLE; ★★ HO-HUM; ★ NEVER AGAIN

Loosen your belt at Amber

SHARI GOODMAN
OttawaUrbanFoodie@gmail.com

Amber Garden & Dalmacia Restaurant
1702 Carling Ave.
(613) 728-0000

Rating: ★★★
Dinner for two with wine: \$60

If comfort food means Cabbage Rolls, Perogies, Wiener Schnitzel and Spätzle, then the Amber Garden is home sweet home. Even the service is friendly and homey.

The Amber Platter (\$22)

was a satisfying entrée that included a taste of many Eastern European dishes.

My plate was full with a deliciously smoky Debreceeni Sausage squirted with ballpark mustard, a small Cabbage Roll filled with a fine blend of meat and subtle spices, Chicken Paprikash that was overshadowed by the tasty Wiener Schnitzel, softly-boiled Perogies with sour cream and onions, mixed vegetables that were slightly over-cooked, and Spätzle, the German answer to pasta.

On the web

• Get recipes and more great food content at metronews.ca/recipes

Dressed in a crisp coating and covered with mushroom sauce, the House Veal Schnitzel (\$20) was delectably filling, flavourful and the fork didn't move fast enough.

The Spätzle was particularly tasty when dragged through the sauce.

And the Grilled Cheese (\$6) was the best grilled cheese we'd tasted in our

travels. It was deep-fried and the cheese oozed out of its toasty envelope slowly and sinfully. After all that heartiness, we saved a tiny bit of room for dessert.

The Apple Poppy Seed cake (\$6) had a texture of steamed pudding and the sweetness of maraschino cherries.

It was devoured among many forks.

This food is best enjoyed with a loosened belt and without worrying about a trip to your cardiologist or your next Weight Watchers meeting.



Amber Platter (\$22)

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant for a recipe of parsnip chowder.



Dining out

VITTORIA TRATTORIA Authentic Italian dining in the market or Riverside South including an extensive wine list claiming over 800 labels. In the market location, a party of twelve can dine in the cellar for a special occasion. 35 William St., (613) 789-8959 or 3625 Rivergate Way, (613) 731-8959

ARC RESTAURANT This cutting-edge restaurant is participating in Taste of Winterlude and offering a prix-fixe menu for \$65 that includes Mariposa Farms duck and apple and fig bread pudding, among other delicious offerings. 140 Slater St., (613) 238-9998

METRO OTTAWA

In brief

WINE AND DINE Excite the senses at a Taste of Winterlude Organic Wines Dining Experience that will include sparkling wine, followed by a five-course wine-paired meal tonight at Bacci Bistro in Gatineau from 6:30 p.m. to 8:30 p.m. \$89/person plus taxes

METRO OTTAWA



Vancouver event specialist Lesley Stowe, poses with her gold martini creation.

Make your Olympic party a winner

PLANNING Let the Games begin! And so will the parties as Canadians not attending the actual Vancouver Winter Games will be hosting or attending television soirees to marvel over the opening ceremonies Friday, Feb. 12.

So whether you are supporting your favourite biathlete, rooting for your home country to score the winning goal at the hockey rink or admiring the skaters' Salchows, the Games are a perfect reason to throw a bash of Olympic proportions.

Vancouver event specialist Lesley Stowe, whose company is sponsoring Canada's ski-jumping team, offers some ideas and tips for hosting a fun and easy Olympic-themed party.

A French-trained chef and owner of Lesley Stowe's Fine Foods which makes Raincoast Crisps, she is also a skier and entertains frequently.

"Set the tone and festive spirit of the party by weaving Olympic themes into several tasteful decorations," she suggests.

"Light tiki torches to imitate the Olympic flame and lay out napkins in the five colours of the Olympic rings."

Since the focus is on television, Stowe says to create a comfortable viewing zone that will allow the majority of guests to watch the action at the same time.

"Re-situate your television or seating if necessary. I've also heard that many homeowners are renting

large-screen televisions for the Games," she says.

If serving food, Stowe suggests preparing a buffet-style spread using an Olympic theme for the items on the menu.

"Go with Greek to reflect the origin of the Olympics or West Coast flavours to reflect this year's host city."

The latter could be appetizers using smoked salmon, shrimp and oysters as a start.

"Cut down on your preparation time in the kitchen by organizing a potluck meal," she suggests. "Assign each guest or couple with a participating country and ask them to bring an appetizer item from that region."

Stowe also suggests getting guests actively in-

volved with the events by stimulating a friendly competition in the nature of an amateur betting pool.

"Prepare score cards with the athletes of countries participating in the events and have guests vote on the winners or scores," she says.

Also set up a kid-friendly party room in the rec room or basement to prevent babysitter stress.

"Have an older sibling or designated helper in charge of organizing the activities," she says.

"For easy and fun food, feature an around-the-world theme and denote each item with a small flag identifying the country of origin. Try pizza from Italy, perogies from Poland or sushi from Japan."

THE CANADIAN PRESS



19th Annual ByWard Market STEW COOK OFF

Feb. 5th, 12PM – 2PM, at the corner of George and William

\$10 for all the stew you can eat, proceeds to Project S.T.E.P.

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Ahead of the Valentine's Day rush, Beverly Hills, 90210's Ian Ziering has changed his Facebook status from being "in a relationship" to "engaged." "Her name is Erin Kristine Ludwig," Ziering, 45, tells People magazine. **METRO NEWS SERVICES**

Celebrity Buzz

Gearing up for rehab

A JUDGE SMACK DOWN Redmond O'Neal has vowed to turn his life around, femalefirst.co.uk reports. The troubled 25-year-old son of Ryan O'Neal and late actress Farrah Fawcett penned a note promising to leave his "old ideas behind" as he was released from jail on drug offences and moved to a residential treatment centre on Tuesday.

The note, obtained by website Radar Online, said, "My plan is to go back with a new attitude and leave

my old ideas behind. I am committed to doing this thing."

On Tuesday, Judge Michael Tynan gave Redmond another chance to put his life back together, by allowing him to be returned to Impact, a residential treatment centre in Pasadena, where he has previously been treated.

The judge said, "The plan for you is severe, and justifiably so. We all want you to do well,

but it's up to you."

It was during an earlier spell at a different Los Angeles treatment centre that Redmond relapsed and was sent back to jail last December. He

was found in possession of heroin during a routine security check by deputies in the car park of Pitchess Detention Center.

METRO NEWS SERVICES



Johnalina doesn't really work

BUT WHO WOULDN'T WANT TO 'DISCUSS HIS ACTING METHOD'? While Brad Pitt and Angelina Jolie may be quietly ignoring breakup rumours, one source says that she's already moved on and

has set her sights on Johnny Depp, who she'll be co-starring with in The Tourist.

In preparation, Jolie has reportedly insisted on meeting with Depp at his L.A. home to "discuss his acting method," a source tells Star magazine. "She's already spent hours there drinking red wine with Johnny," the

source says, adding that she's also been bombarding him with flirty e-mails and phone calls. They began filming in Venice at the end of February, and "Angie told Brad she's going to Italy without him," the source adds.

METRO WORLD NEWS



Leaving fatherhood up to fate

LUCKILY THERE ARE THESE NEW FANGLED THINGS CALLED CONDOMS Leonardo DiCaprio isn't opposed to becoming a father, but he's not in any hurry.

"I'm not that old, my biological clock isn't ticking yet. I'd like to leave it to fate if and when I'm going to be a father. A part of me has too many professional plans to even seriously consider it," he tells Germany's OK! Magazine.

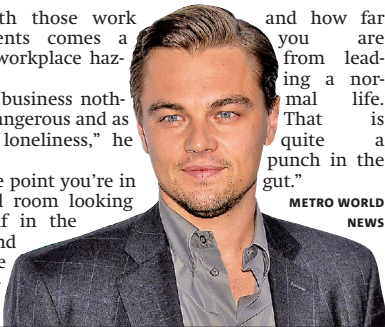
And with those work commitments comes a very real workplace hazard.

"In this business nothing is as dangerous and as feared as loneliness," he says.

"At some point you're in your hotel room looking at yourself in the mirror and you realize how lonely you are

and how far you are from leading a normal life. That is quite a punch in the gut."

METRO WORLD NEWS



Brittany's bash cancelled

WHY DOES THIS WHOLE THING FEEL SO DARN DODGY? A charity event to honour Brittany Murphy and raise money for the new Brittany Murphy Foundation scheduled for yesterday evening was mysteriously cancelled earlier this week by

Murphy's husband, Simon Monjack, according to TMZ.

While Monjack reportedly insists the event was simply postponed, a call to the Beverly Hills Temple of the Arts, where it was to take place, doesn't reveal any rescheduling information, and an e-mail to guests reads, "So sorry but the memorial has been canceled due to an illness in the family." Monjack was reportedly soliciting \$1,000 in donations from each guest.

METRO WORLD NEWS



Reese wants a piece

OF DELICIOUS BUTT-LE While getting over Jake Gyllenhaal, Reese Witherspoon has allegedly been seeing Gerard Butler and keeping it very, very quiet, according to Star magazine.

Though Butler was recently linked to co-star

Jennifer Aniston, sources tell the magazine that he and Witherspoon have been "hooking up" privately for some time now.

According to the report, Witherspoon just sees it as a fling, and both are happy just having fun.

METRO WORLD NEWS



Hitting a high note for Haiti

LET'S HOPE IT HELPS Help for Haiti after last month's devastating earthquake continues to pour in from Hollywood.

While Celine Dion and Wyclef Jean joined an all-star cast to record a new version of We Are the World earlier this week, Simon Cowell reportedly put together a celebrity charity single of his own, recruiting Robbie Williams, Leona Lewis, Rod Stewart and others to sing

REM's Everybody Hurts.

And Jennifer Aniston is joining forces with AmeriCares

to host a benefit screening of The Last Station, complete with post-screening cocktails and a chat with director Michael Hoffman, according to Hollycoop.

METRO WORLD NEWS



Follow these celebrities on Twitter...

CelebTweets

DAVID SPADE wants to clear some things up, **KIRSTIE ALLEY** doesn't appreciate her company, **JIM CARREY** has figured out his place in the world, and **SANDRA BERNHARD** doesn't have high hopes for Barbie. @davidspade i was kidding when tmz asked me my favorite dinner was and i said spaghetti and 8 balls. just so evryone knows. it just sounded funny to me @kirstiealley Did someone open the gates of hell and unleash all the psychos this week? I never believed in that full moon stuff until now.go home crazies @JimCarrey television is weirdos judging weirdos viewed by weirdos who are just glad there are weirder weirdos out there. like me DAMN IT! @SandraBernhard barbies next career a bag screener at jfk

METRO WORLD NEWS



Spoiled baby

WONDER IF HE KICKED AND PUNCHED THE GROUND, TOO? Kanye West didn't kick up much of a fuss at the Grammys this year, but he reportedly did on his flight back to New York the next day. The rapper was appalled to find himself seated in business class instead of first class, according to Page Six, so West pitched a fit. "He wanted to be bumped up," a source says. Apparently, after enough of a tantrum, West and his assistant were moved to the appropriate cabin.

METRO WORLD NEWS



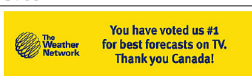
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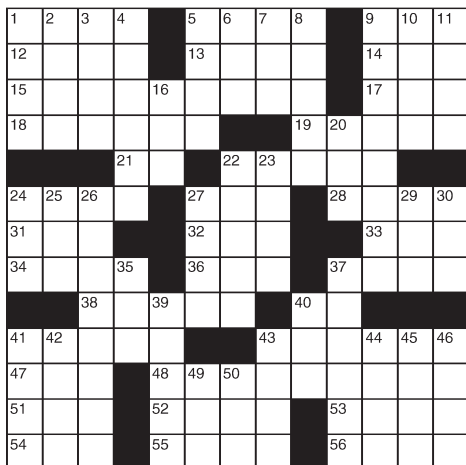
Peterborough & Oshawa, Ontario

*Conditions apply. Full details at trentu.ca/freetuition



For more delicious Metro recipes, visit: metronews.ca/food

Take Five



ACROSS

1 Kills, "Sopranos" style
5 Mrs. Dithers, in "Blondie"
9 Retainer
12 Lotion additive
13 State with certainty
14 Egos' counterparts
15 Who's there
17 Tear
18 "Oops! I Did It Again" singer
19 Vile
21 "Heaven's!"
22 Handed out hands
24 Vitriol
27 By way of
28 Lambs' cries
31 Underwear with underwire
32 Corn spike
33 Sort
34 "Deal or No Deal" choice
36 Hostel
37 Without acting

38 Refrain phrase
40 Indefinite article
41 Kind of point
43 Classify
47 "Eureka!"
48 Back-breaker?
51 Zero
52 Hodgepodge
53 Basso Pinza
54 Scale member
55 Distort
56 Spacecraft compartments

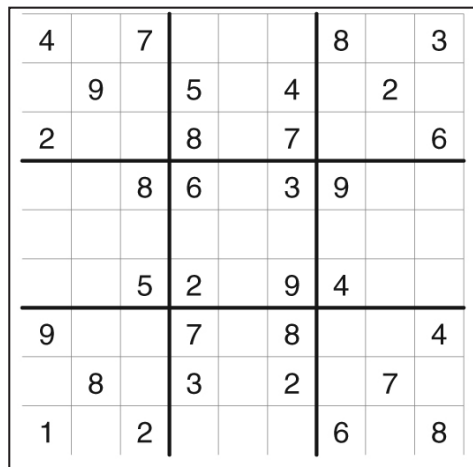
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1 Lummoxes
2 Buy, fix up and resell
3 Links warning
4 Big Bird's street
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6 Eggs
7 In medias —
8 Where the action is
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11 Get a glimpse of
16 Give it a go
20 Priest's garment
22 Forest goddess
23 Have coming
24 English channel?
25 401(k) alternative
26 Bartender's pronouncement
27 Bride's cover
29 Every iota
30 Firmament
35 Historic time
37 Foot part
39 Let
40 Fool
41 Bleacherites
42 Ashtabula's state
43 On
44 Rice-shaped pasta
45 Incurison
46 "— company, ..."
49 Carte lead-in
50 Round Table address

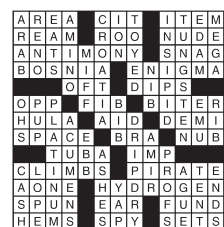
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



4	1	2	6	3	9	5	7	8
5	9	7	4	8	1	6	2	3
6	3	8	5	7	2	1	4	9
1	7	6	2	5	3	9	8	4
2	4	9	7	6	8	3	5	1
8	5	3	9	1	4	7	6	2
3	8	5	1	4	7	2	9	6
9	6	4	3	2	5	8	1	7
7	2	1	8	9	6	4	3	5

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
Cosmic activity in your opposite sign of Libra may incline you to believe that everyone is against you, but are they really?

TAURUS
APRIL 21-MAY 21
You should stop trying to control everything that happens and let fate guide you in a more profitable direction.

LIBRA
SEPT 23-OCT 23
You will be open to alternative viewpoints today, even if you are one of those Librans who take it as a personal insult when other people disagree with you.

SCORPIO
OCT 24-NOV 22
Today's cosmic influences urge you to give up resisting what is going to happen whether you like it or not.

GEMINI
MAY 22-JUNE 21
You may live more in the head than the heart but today's cosmic influences suggest you will be softer and gentler than usual.

SAGITTARIUS
NOV 23-DEC 21
Are you living up to the image you have in your mind of who and what you should be? If the answer is No, now is the time to do something about it.

CANCER
JUNE 22-JULY 22
Try not to be quite so distrustful today. If someone approaches you with an idea don't turn them away — listen carefully to what they have to say.

CAPRICORN
DEC 22-JAN 20
If you find it difficult to get excited about the task that is in front of you it probably means you should be doing something else.

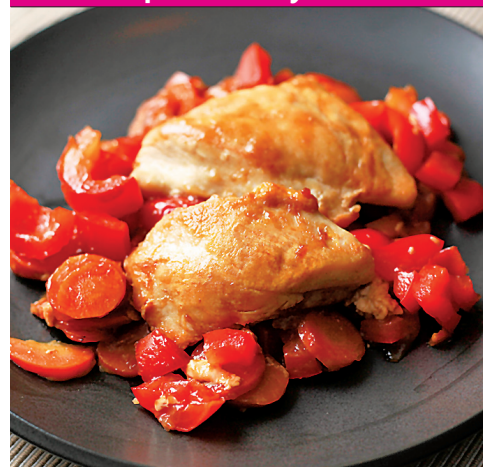
LEO
JULY 23-AUG 23
Something will happen over the next few days that makes all your current plans redundant, so why force yourself to do things you don't enjoy?

AQUARIUS
JAN 21-FEB 18
All your fears and anxieties will seem irrelevant today and you will feel a great sense of mental and emotional completeness.

VIRGO
AUG 24-SEPT 22
You will be in an unusually forgiving mood today; you cannot be bothered to make an issue of things.

PISCES
FEB 19-MARCH 20
You are an extremely sensitive person and that sensitivity will serve you well today, especially if you have to work out why someone is acting so strangely.

Metro Recipe of the Day



Sweet Orange Chicken Stir Fry

Submitted by Debra Bashford, Cherry Valley, Ont.

INGREDIENTS:

1 tbsp water
2 tsp cornstarch
1 tsp extra virgin olive oil
1 pound boneless, skinless chicken thighs quartered
3/4 cup thinly sliced carrots
1/4 cup chopped red pepper
3/4 cup orange juice
1 tbsp brown sugar
2 tsp balsamic vinegar
2 Tsp hoisin sauce
salt & pepper to taste

METHOD:

1. Stir water into cornstarch in small cup. Set aside.
2. Heat large frying pan or wok on medium-high until very hot. Add cooking oil. Add chicken. Stir-fry for about 5 minutes until

browned. Add carrots and peppers.
3. Combine orange juice, brown sugar, balsamic, hoisin sauce and salt and pepper in a small bowl.
4. Add to chicken mixture. Stir. Bring to a boil. Reduce heat to medium-low. Simmer, covered, for about 6 minutes until chicken is no longer pink inside and veggies are tender crisp.
5. Stir in cornstarch mixture. Heat and stir for about 1 minute until thickened.

SERVES 4

PREP TIME: 10 MINUTES
COOK TIME: 10 MINUTES



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The Sims 3

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Tom Tom U.S. & Canada

\$99.99 • Turn your iPhone into a fully featured Sat Nav with Tom Tom's expert voice-guided turn-by-turn directions, automatic re-routing, and more. It even links with your contacts list to give you directions to any address.

CBC Radio

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TuneWiki

Free • Listening to music on your iPhone and want to know the lyrics? TuneWiki serves up lyrics to songs from your iTunes library so you can follow along as the song is playing.

Epicurious

Free • Can't decide on dinner? Get Epicurious recipes right on your iPhone. Search by type, what's in your fridge or what's in season. Then make a shopping list with the touch of a button.



Barista

\$2.99 • Let your iPhone teach you how to make coffee-shop quality espresso, even when you're at home with step-by-step directions on everything from pulling the perfect shot to pouring latte art.

GoodGuide

Free • Shop green with your iPhone. Now you can easily check the health, environmental and social impact of over 70,000 products, from food to toys, on the go and before you buy.

Mover

Free • Now it's easier than ever for two iPhones to share stuff. With just the swipe of a finger, you can transfer photos, contacts and more to another iPhone over the same WiFi network.

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Convertbot

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